

Join us for a  
**Natural Vision Improvement and  
Self-Healing Through Movement**  
*Workshop with Meir Schneider*



**Saturday, April 30**  
**2:00 to 4:30 PM**

**Other Avenues Food Co-op**  
3930 Judah St, San Francisco, CA

Meir is the founder and director of the **School for  
Self-Healing** and the author of many books, in-  
cluding *Vision For Life* and *Yoga For Your Eyes*.

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